

Snack Menu – Day and Evening Program

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				
Whole Wheat Bread Sun Butter 100% Fruit Spread Milk	Mixed Citrus ² Whole Grain Goldfish Milk	Whipped Cream Cheese 100% Fruit Spread Whole Grain Bagels Milk	Chex Rice Squares Seasonal Fruit Combo ³ Milk	Yogurt Granola Mixed Berries ²
8 Grain & Seeds Crackers Cheese Slices 100% Apple Juice ²	Ranch Yogurt Dip Orange, Yellow, and Red Bell Pepper Slices ³ Cucumber Spears Multigrain Crackers	Trail Mix Orange Slices ²	Celery Sticks Apple Slices Hummus Whole Grain Pita Crackers	Seasonal Fruit Combo ³ Cheese Slices Triscuit Crackers
Week 2				
Multigrain Bread 100% Fruit Spread Sun Butter Milk	Multigrain Wheat Thins Apple Sauce Milk	Peaches & Blueberries ³ Rice Cakes Sun Butter Milk	Puffins Cereal Bananas Milk	Mozzarella String Cheese Seasonal Fruit Combo ³
Organic White Corn Tortilla Chips Bean Dip Cheese Cubes 100% Apple Juice ²	Raspberries ² Apple Slices Whole Wheat Pita Bread Goat Cheese	Rainbow Salad ³ Romaine, cherry tomatoes, matchstick carrots, seasonal veggie Ranch Dressing Cheddar Bunnies	Veggie Crackers Monterey Jack Cheese Seasonal Fruit Combo ³	Refried Black Beans Sliced Avocado Shredded Cheese Roma Tomatoes ³ WW Tortilla
Week 3				
Peach Slices ³ Cottage Cheese	Toasted O's Cereal Pineapple chunks ³ Milk	Challah Bread Apple Butter Milk	Seasonal Fruit Combo ³ Cheese Slices Wheat Thins	Raspberries ² Bananas Overnight Oats with Cinnamon & Honey Milk
Cheese Cubes Pretzels Orange Juice ²	Seasonal Fruit Combo ³ Vanilla Yogurt Dip Triscuit Crackers	Chile Lime Corn Salsa (corn, tomato ³ , cucumber, green onion, & sour cream) Cotija Cheese Organic White Corn Tortilla Chips	Ranch Yogurt Dip Red Bell Pepper ³ Cucumber Spears Whole Wheat Crackers V8 Fusion Juice³	Mixed Citrus ² Celery Sticks Hummus Whole Grain Pita Crackers
Week 4				
Whole Grain Bread 100% Fruit Spread Sun Butter Milk	Whole Grain Goldfish Apple Slices Milk	Seasonal Fruit Combo ³ Whole Wheat Crackers Milk	Bananas WW Rounds Sun Butter Milk	Toasted O's Cereal Mandarin Oranges ² Milk
Veggie Crackers Provolone Cheese V8 Fusion Juice ³	Pasta Salad ^{GF} with Tomatoes ³ , Spinach ³ & Italian Dressing Feta Cheese Hard-Boiled Egg	Peach ³ Fruit Dip Cinnamon Toasted Multigrain Pita Bread Goat Cheese	Avocado Mild Salsa ³ Organic Blue Corn Tortilla Chips Bean Dip	Seasonal Fruit Combo ³ Cheese Cubes Pretzels

¹Significant Source of Vitamin A ²Significant Source of Vitamin C

³Significant Source of both Vitamin A and C ^{GF} Gluten Free ^V Vegetarian

MILK IS PROVIDED AT LUNCH

WATER IS OFFERED AT ALL SNACKS AND LUNCH

Items in Blue are for Evening Care

Updated 3/23/26